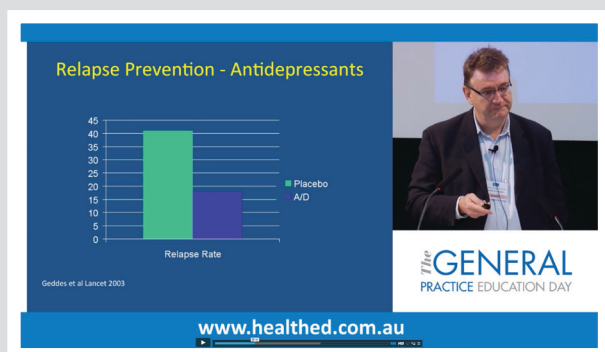


Video Resources



There's More to Managing Depression Than Reducing Depressive Symptoms by Prof Malcolm Hopwood



Is it Depression or is it Bipolar? by Jon-Paul Khoo



Important Considerations in the Management of Mood Disorders in Women by Prof Jayashri Kulkarni



The Developmental Origins of Mental Health and Brain Function by A/Prof Felice Jacka

Watch the full lectures on the Healthed website. Visit www.healthed.com.au/video

Summary

In summary, MDD is a crippling disorder for many sufferers, sometimes temporarily, but unfortunately, frequently, over the long-term. The functional impairment is broad and varies in its nature and meaning between individual patients. The impact extends beyond the individual affected, reaching their families, friends, colleagues and ultimately, society. This includes the burden of suicide. At an individual level, the significant economic cost is reflected in the persistent impairments in people's capacity to engage in their usual roles, to experience positivity and even to care for themselves. Optimising individual care for MDD through education, prevention, and acute and maintenance treatment is thus a clear public health priority, and deserves nothing less than our fullest clinical attention.

Declaration

Prof Malcolm Hopwood was commissioned by Healthed for this article. The ideas, opinions and information presented are solely those of the author. The advertiser does not necessarily endorse or support the views expressed in this article.

The author's competing interests statement can be viewed at www.healthed.com.au/monographs.

Further Reading

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