

RACGP GP-led educational activity
Self Directed CPD Activity
GP Group Research
2023-25 Triennium

ACRRM CPD Accredited Activity
2020-2022 & 2023-2025 Triennium

GPs, Can you help us?

We're conducting a research study on how the use of a smartphone app can help patients manage their type 2 diabetes.

La Trobe University is investigating the effects of using the Defeat Diabetes app to implement a low carb diet and lifestyle changes to improve glycaemic control over a 12-month period.

We are looking for your support to refer adult patients meeting the eligibility criteria to our research team. You and your patient will receive complimentary lifetime access to the Defeat Diabetes Program for participating.

Your involvement will include forwarding their bloodwork, BP, weight and waist circumference at baseline, 3, 6 and 12 months. Please scan QR code or express your interest at https://redcap.link/defeatdiabetes_gp

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